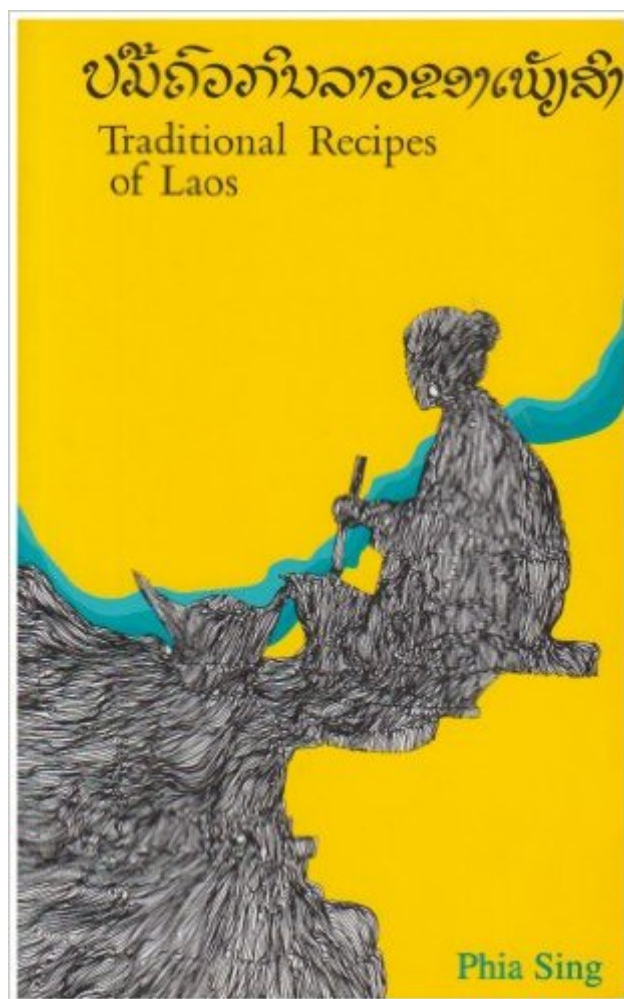


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# Traditional Recipes Of Laos



## Synopsis

Phia Sing was the Master of Ceremonies and Chef at the royal palace of Luang Prabang. He died in 1967. Phia Sing's notebooks containing these recipes were loaned to Alan Davidson, British ambassador in Vientiane in the early 1970s, by the Crown Prince of Laos. Alan Davidson arranged for their translation and added much useful material explaining Lao foods and cookery. The text is ornamented by drawings, mainly by the Lao artist Soun Vannithone. There are 124 recipes. Some of them also figure in *Fish and Fish Dishes of Laos*, but their range encompasses every aspect of cooking, not merely the fishy bit.

## Book Information

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## Customer Reviews

... of the original Laotian Cuisine. Traditional Recipes of Laos - being the manuscript recipe book of the late Phia Sing from the Royal Palace at Luang Prabang, reproduced in facsimile and furnished with an English translation. Right on the first page of the book we see - Phia Sing, drawn by Soun Vannithone from a photograph. Phia Sing was the Master of Ceremonies and Chef at the royal palace of Luang Prabang. He died in 1967. Phia Sing's notebooks containing these recipes were loaned to Alan Davidson, British ambassador in Vientiane in the early 1970s, by the Crown Prince of Laos. Alan Davidson arranged for their translation and added much useful material explaining Lao foods and cookery. The text is ornamented by drawings, almost all of them by the Lao artist Soun Vannithone. In the introduction Mr Alan Davidson explains the motives for translating and publishing the notebooks of the late Chef de Cuisine of the Monarchs of Laos. We will learn how the books came into the hands of Mr Davidson and his contacts with the Court of Luang Prabang and later on

with the widow of Phia Sing. Then the Pathet Lao Forces took over, Mr Davidson ended his tour of duty and used the notebook's xerox copies to publish this original cookbook. The revenues from this book go since then to the British Council for Aid to Refugees - especially to the Lao ones who had to flee the Communists. In this very detailed book we will learn about Phia Sing, will be introduced to Lao Eating Habits, the Attitudes to Food, to Lao Culinary terms and the Equipment for cooking properly the Lao way.

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